

Teambuilding Package Activities - Merang

CHERATING
TERENGGANU
JOHOR
JANDA BAIK
BENTONG
LONDON



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Outdoor Activities

Bil	Activities	Description	Venue	Rate
1	Kayak	Enjoy kayak at Mengabang.Total activity duration is 1-2 hours (time is depend on group)	ēRYAbySURIA Merang	RM 25 per Person (Single), RM 40 per Person (Double)
2	Rafting	Enjoy rafting at Mengabang.Total activity duration is 1-2 hours (time is depend on group)	ēRYAbySURIA Merang	RM 45 per Person
3	Low Element Teambuilding Activities	Members need to go through all 08 Low Element Teambuilding.Total activity duration is 2 hours.	ēRYAbySURIA Merang Kamp	RM 35 per Person
4	High Element Teambuilding Activities	Selection of 05 High Element with Includes specialist guides.Total activity duration is 1 hour.	ēRYAbySURIA Merang Kamp	RM 45 per Person per Element

Note: - Minimum 25 pax

i. List of Low Element Teambuilding Activities

Bil	Activities	Description	Venue	Rate
1	Valuting Bar Length : 11 feet High : 4 Feet	Hold the bar, slow lift both the leg One by one over the bar	ēRYAbySURIA Merang	RM 35.00 per person
2	Swinging Plank Plank : 1 feet x 19 feet Length : 17 feet	Step and walk slowly in the middle of the plank, till end		
3	6" Wall Wide: 20 feet High : 6 feet	To cross and climb the wall together with the hold group		
4	Graduate Balance Walk Length : 19 feet High : 4 feet	Walk slowly till the end , sat and take a breath before you jump down		
5	Monkey Rack Length : 17 feet Wide : 18 1/2 Feet High 6 feet	Hold the bar and slowly lift your hand and balance your body, move from one bar to another till the end		
6	Tunnel Diameter : 2/1/2 Feet Length 16 feet	Crawl slowly till the end of the tunnel		
7	Tarzan Swing Nylon 131/2 mm x 16 feet High 18 feet	Hang at the rope and swing to cross the muddy		
8	Wire Grant Wide 11 feet Length 15 feet	Crawl slowly till the end of the tunnel		

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ii. List of High Element Teambuilding Activities

Bil	Activities	Description	Venue	Rate
1	Abseiling	To test the level of self-confidence to climb down from the tower in a height of 50 feet individually	ēRYAbySURIA Merang	RM 45 per Person per Element
2	Flying fox	Swing from the cables from a height of 50 feet within 220 meters		
3	Multivine Traverse	Walk on the cable individually in a height of 30 feet in one element to one other element in 3 stages.		
4	Postman Wall	Walk on the cable individually in a height of 30 feet in one element to one other element in 3 stages.		
5	Burma Bridge	Walk on the cable individually in a height of 30 feet in one element to one other element in 3 stages.		

